

Aspen's menu

WEEK 1 – 19/2, 11/3, 1 /4, 22/4, 13/5, 3/6, 24/6, 15/7

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef burger & hand cut potato wedges	Chicken Tikka pizza slice with coleslaw	Roast Chicken, stuffing, roast potatoes & gravy	Hoisin sticky vegetable & noodle stir fry	Golden fish fingers or salmon fingers with chips
Vegetarian Option	Homemade veggie burger & hand cut wedges	Margherita Pizza slice with coleslaw	Cauliflower & Broccoli bake with roast potatoes	Sweet & sour vegetables & rice	Homemade cheesy leak sausages & chips
Veg & salad	Sweetcorn / baked beans	Sweetcorn / Salad	Carrots / Peas	Sweetcorn / green beans	Baked beans / Peas
Pasta Twirler	Hot Pasta topped with Homemade Tomato sauce				
Jacket Potato	Cheese or Beans or both	Tuna Mayo or cheese	Cheese or Beans or both	Cheese or Chicken mayo	Cheese or Beans or both
Dessert	Seasonal fruit	Apple sponge cake	Tutti Frutti jelly pots	Carrot cake	Marble cookies

WEEK 2 – 26/2, 18/3, 8/4, 29/4, 20/5, 10/6, 1/7, 22/7

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Hot dog & hand cut potato wedges	Tomato & cheese pitta with salad	Roast Gammon with roast potatoes and gravy	Traditional cottage pie with mash topping	Golden fishcake with chips
Vegetarian Option	Veggie sausage & cheese hot dog and hand cut wedges	BBQ cheese pinwheel with salad	Cheese & onion filo with potatoes	Baked mac 'n' cheese	Cheesy bean wrap & chips
Veg & salad	Baked beans / sweetcorn	Coleslaw / sweetcorn	Carrots / green cabbage	Green beans / carrots	Baked beans / Peas
Pasta Twirler	Hot Pasta topped with Homemade Tomato sauce				
Jacket potato	Cheese or Beans or both	Tuna Mayo or cheese	Cheese or Beans or both	Cheese or Chicken mayo	Cheese or Beans or both
Dessert	Apple crumble & custard	Orange Jelly & Clementine	Chocolate brownie	Sprinkle cake	Vanilla cookies

WEEK 3 – 4/3, 25/3, 15/4, 6/5, 27/5, 17/6, 8/7, 29/7

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Sausage & mash	Margherita Pizza slice with coleslaw	Roast pork, roast potatoes & gravy	Chicken fajita wrap & rice	Golden fish fingers with chips
Vegetarian Option	Veggie sausages & mash	Savoury rice with summer vegetables & beans	Vegetable bean stew with roast potatoes	Vegetable tortilla lasagne	Veggie fingers with chips
Veg & salad	Baked beans / Peas	Sweetcorn / salad	Carrots / broccoli	Sweetcorn / green beans	Baked beans / Peas
Pasta Twirler	Hot Pasta topped with Homemade Tomato sauce				
Jacket potato	Cheese or Beans or both	Tuna Mayo or cheese	Cheese or Beans or both	Cheese or Chicken mayo	Cheese or Beans or both
Dessert	Vanilla shortbread	Cinnamon apple cupcake	Strawberry jelly	Jammy crumble bar	Brownie surprise

Available daily; filled rolls, salad bowl, freshly baked bread and cut fruit